

REGENCY ACRES P.S.

Principal's Message—May—June 2022



As things have reopened, the school is becoming busier and busier with lots of events and additional ways to engage students. I want to thank our School Council for their efforts and support as we have accomplished the repairing of our tarmac area. It looks so amazing and the students are enjoying the beauty of the fresh paint and the newly installed games/activities. Sports for grades 4-8 have been running for several weeks now and students are really enjoying being able to participate in sports such as volleyball and basketball. We are excited to be kicking off Jump Rope for Heart this year with all students from Kindergarten to Grade 8 participating (more information will be shared in the weekly RAPS Recap email). We are looking forward to planning a Discover Kindergarten event to help welcome our newest learners for September 2022 and their families. Please stay in touch with what is going on around the school in our weekly email to parents called the "RAPS Recap". These emails are being shared to keep families informed about what is happening in the school and around the community.

May is a month that gets started with a meaningful focus as May 2-6, 2022 is Children's Mental Health Awareness Week. At Regency Acres, we have been highlighting mental health throughout the year. We will continue this focus with lessons, discussions and displays around the school to promote positive mental health. This month's [Student Mental Health and Addictions Newsletter](#) focuses on this important event and includes lots of links and details about how to support your child's mental health. Several of the links embedded in the newsletter include links to community services that can support children's mental health. Now more than ever, we want families to consider their mental health and well-being. Please use these resources and ask questions if you are not sure, we will do our best at the school to support you and your family.

As we approach the end of the school year, and the weather starts to improve, it's important to maintain routines and continue to be punctual for school. As a reminder, instructional time begins (classes start) at 8:25am daily. Please make sure you leave enough time in the morning to be ready and at school on time. Consider leaving some extra time to walk to school, especially on nice days. The extra movement and activity is a great way to get the brain working in the morning. Students will arrive more settled and relaxed so they are ready to learn. Getting to bed at a regular time each night is also important. With the longer days, it may be challenging to get little ones to bed while it is still light outside but keep in mind that children aged 6-12 require 9-12 hours of sleep a night, slightly more is recommended for children 5 and under. Teenagers between the ages of 13-18 require at least 8-10 hours according to [caringforkids.cps.ca](#). Keeping routines and healthy sleep habits will continue to be very important to good physical and mental health and academic achievement, as we approach the final stretch of this school year.

Eid al-Fitr for the year 2022 is celebrated/ observed on sundown of Monday, May 2nd ending at sundown on Tuesday, May 3rd. Eid al-Fitr marks the end of Ramadan (month long fasting) and the beginning of a feast that breaks the fast.

To those in our community celebrating Eid we hope you and your family Happy Eid or Eid Mubarak

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April was World Autism Month. Our goal was to create a kinder, more inclusive world for people with autism. Every year we lead our school community to increase their understanding and acceptance of people with autism.

This year we focused on moving from awareness to acceptance. Acceptance and awareness come from vastly different mindsets. Awareness seeks to highlight how other we are and emphasizes the differences and distance between our ways of being. Acceptance looks at commonalities we share and at the strength inherent in diversity.

Acceptance looks at commonalities we share and at the strength inherent in diversity.



The puzzle piece, and the 4-piece interlocking puzzle as pictured, have historically been the visual icon associated with autism. We are moving away from the puzzle piece as a universal symbol for Autism.

If we no longer use the puzzle piece, what do we use instead? Autistic adults are asking that we use the infinity symbol

Here is why the infinity symbol is becoming the preferred visual to represent autism:

World Autism
Awareness
&
Acceptance Day



- The infinity symbol stands for autism acceptance
- The infinity symbol represents that the autism spectrum is not linear and that each autistic individual has endless possibilities and often untapped potential.



Registration and Moving



As you may be aware our planning for the 2022-2023 school year is underway. At this time, if you are aware of any family, friends or neighbours who have children born in 2018, please remind them to register their child for Kindergarten as soon as possible.

You can visit <http://www.yrdsb.ca/schools/Kindergarten/Pages/default.aspx> for information about how to register or call our office.



Please let us know if you are planning a move. This information helps us immensely when planning for next year. Please notify the school office to update your records. **If your child is registered in virtual school and you are planning to move, please let us know as well.** If you have borrowed technology for virtual learning and are moving out of the YRDSB, please make arrangements to return the technology to Regency Acres prior to your move.

2022 Summer Learning Programs Available

During the summer, YRDSB continues to offer credit and non-credit summer school program opportunities for elementary, secondary and adult students. Registration is now open for the following programs:

Elementary Summer School is available for students in Grades 6, 7 and 8. This program is designed to reinforce the curriculum.

Summer Reach Ahead is available for students in Grade 8. This program provides an opportunity for students to earn a high school credit.

Summer Institute is for students in Kindergarten to Grade 8. The program includes academics, recreational and athletic activities.

Secondary Credit Programs:

In-Person Learning
Online Learning

Adult Learning Programs:

Adult Literacy and Basic Skills
English as a Second Language
Citizenship Classes

For more information about summer learning programs and registration please visit www.yrdsb.ca and follow us on Twitter @YRDSB.

EQAO Information



The Ministry of Education has indicated that all students in Grades 3 and 6 in Ontario public elementary schools are scheduled to participate in the EQAO assessments of reading, writing and mathematics between May 4 and June 24, 2022. The EQAO assessment will be administered during class time. For general information about the assessment visit <https://www.eqao.com/>.

More information will be shared with Grade 3 and 6 families as it becomes available.



**Thank you
for supporting
Jump Rope for Heart!**

Our Jump Rope for Heart Event Day is on:

MAY 10, 2022

JUMP ROPE FOR HEART SPECIAL PRIZES!!!

names will be randomly drawn when the whole school raises certain amounts of money

1 PERSON PLUS 3 FRIENDS GET A LUNCH RECESS OF ELECTRONICS WITH MS. RINALDI
1 PERSON PLUS 3 FRIENDS GET LUNCH RECESS MOVIE DAYS WITH MS. MCLEAN
1 PERSON PLUS 3 FRIENDS GET A LUNCH RECESS OF ORIGAMI WITH MRS. WONG
1 PERSON PLUS 3 FRIENDS GET A LUNCH RECESS OF PAINTING WITH MS. STANLEY
1 PERSON PLUS 3 FRIENDS GET A LUNCH RECESS PLAY DATE WITH KINDERGARTENS IN THE KINDERGARTEN AREA WITH MRS. SAHRAWAT
1 PERSON PLUS 3 FRIENDS GET A 30 MINUTE DANCE PARTY IN THE SMALL GYM WITH MRS. LEPPINGTON
1 PERSON PLUS 3 FRIENDS GET A LUNCH RECESS OF CRAFT TIME WITH MRS. FARLEY
1 PERSON PLUS 3 FRIENDS GET A LUNCH RECESS TO PLAY 2 ON 2 BBALL WITH MR. LANNING
GRAND PRIZE: 1 PERSON GETS TO BE PRINCIPAL FOR A DAY



TO SIGN UP:

1. Ask your parent or guardian for help.
2. Go to jumpropeforheart.ca
3. Click **JOIN YOUR SCHOOL**
4. Follow the instructions to set up your account and choose your Healthy Habits. (participants can win prizes such as soccer balls for keeping track of Healthy Habits online)
5. **START FUNDRAISING** and keeping track of your Healthy Habits.
6. Support a great cause and earn gift cards from Jump Rope from Heart.



Tarmac Renewal - We are Excited to Enjoy our New Tarmac Games and Activities!



Krispy Kreme Donut Fundraiser

Regency Acres P.S.

presents



order through school cash online

We will be accepting orders from May 1st to May 31st – pre-orders only through school cash online. Ordering will close at 11:59 p.m. on May 31st.

Please plan to pick up your order on Friday June 10th between 3:15 p.m. and 5:00 p.m. in the Kiss 'N' Ride.

